#### Personal Information

| Last Name                    | First Name  | Middle Initial   |
|------------------------------|---|------------------|
| Address: Street              |   | Unit #           |
| City                         | Province  | Postal Code      |
| Date of Birth (Day           | /Month/Year)  |                  |
| Home Phone #                 | Work Phone #  | Cell Phone #     |
| May the clinic leav<br>Email | ve you messages relating to your visits?   YES   No |                  |
| Email                        |   |                  |
| Employer                     |   | Occupation       |
| Emergency Contac             | ct Name and Relationship                            | Phone #          |
|                              |   |                  |
| How did you hear             | about the clinic?                                   |                  |
|                              |   |                  |
| Which members o              | of the clinic will you be seeing?                   |                  |
|                              |   |                  |
| Chiropractor                 | Physiotherapist Massage Therapist Naturopath        | Personal Trainer |
| AC                           | CTIVE HEALTH INSTITU                                | JTE              |

| Family Doctor | Family D |
|---------------|----------|
| Name          | Name     |
| Phone #       | Phone #  |
| Fax #         | Fax #    |
|               |          |

| Specialist |
|------------|
| Name       |
| Phone #    |
| Fax #      |
|            |



#### **Health Information**

What are your health concerns and/or reasons for coming to the clinic, in order or importance?

Are you currently receiving treatment from another health care professional? If so, for what?

Do you have any internal pins, wires, artificial joints or special equipment? If so, please list what and where?

What is the reason for seeking massage therapy? \_\_\_\_\_

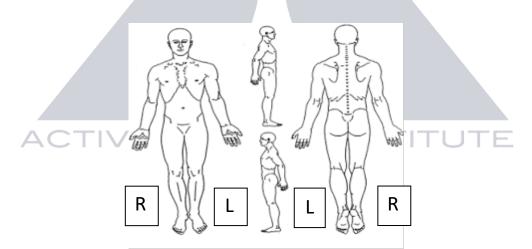
Current medications and for what conditions?

Is this visit a result of an injury? Date?

Have you had any surgeries in the past? Date?

Instructions: Mark these drawings according to where you feel your pain, by referring to the key below.

| Sharp ////     | Burning XXXXX | Pins & Needles 00000 | Aching +++++ |
|----------------|---------------|----------------------|--------------|
| Stabbing VVVVV | Numbness      | Dull ****            | Other vvvvv  |



Please circle your current pain level

no pain 0 1 2 3 4 5 6 7 8 9 10 worst pain imaginable



### Physical history (Place an "X" beside any condition you have had or presently have)

| Musculoskeletal                 | Nervous System                  | Cardio-Vascular-Resp. |  |
|---------------------------------|---------------------------------|-----------------------|--|
| Neck problems                   | Numbness                        | Chest pain            |  |
| Upper back problems             | Loss of feeling                 | High/Low blood        |  |
|                                 |                                 | pressure              |  |
| Shoulder problems               | Headaches                       | Difficulty breathing  |  |
| Low back problems               | Dizziness                       | Persistent Cough      |  |
| Elbow problems                  | Fainting                        | Coughing              |  |
|                                 |                                 | phlegm/blood          |  |
| Knee problems                   | Confusion                       | Lung problems         |  |
| Ankle/foot problems             | Depression                      | Diabetes              |  |
| Arthritis                       | Concussion                      | Asthma                |  |
| Other Conditions not listed:    | Anxiety                         | Varicose veins        |  |
|                                 | Loss of balance                 | Hypoglycemia          |  |
| Allergies/sensitivities:        | Paralysis                       | Angina                |  |
|                                 | Seizures                        | Murmur/palpitations   |  |
|                                 | Forgetfulness                   | Hemophilia            |  |
| Gastrointestinal/Endocrine      | Genito-Urinary System           | Ears/Nose/Eyes/Throat |  |
| Poor appetite                   | Painful urination               | Vision problem        |  |
| Excessive hunger/thirst         | Excessive urine                 | Ear ringing           |  |
| Heat/cold intolerance           | Discoloured urine               | Ear infections        |  |
| Nausea/vomiting                 | Urgency to urinate              | Hearing loss          |  |
| Bloody/black stool              | Recurring infections            | Voice changes         |  |
| Weight loss/gain                | Kidney stones                   | Gum/teeth/jaw         |  |
|                                 |                                 | problem               |  |
| Ulcer                           | Sexually transmitted infections | Nasal discharge       |  |
| Thyroid problems                | HIV                             | Nose bleeds           |  |
| Liver/Gall bladder problem      | Hepatitis                       | Sinus problems        |  |
| Female                          | Male                            | Skin                  |  |
| PMS                             | Testicular pain                 | Moles                 |  |
| Irregular cycle                 | HEAL <sup>Itching</sup>         | Rashes                |  |
| Irregular bleeding/discharge    | Sores                           | Acne                  |  |
| Pregnancy                       | Irregular discharge/bleeding    | Dryness               |  |
| Sores                           | Hernia                          | Itchiness             |  |
| Sexual concerns                 | Sexual concerns                 | Psoriasis             |  |
| Breast                          | Chest                           | Eczema                |  |
| lumps/pain/tenderness/discharge | lumps/pain/tenderness/discharge |                       |  |
| Hernia                          |                                 | Infectious skin       |  |
|                                 |                                 | conditions            |  |



| Consent for Massage Therapy Serv  | ice and Fee's   |
|---|---|
| I have requested assessment and treatment by a Registered Massage Therapist (Reassessment and treatment, I am aware that in certain circumstances the Registere area(s) of my body which may include the following; <i>please initial beside each belo</i>  | d Massage Therapist may need to assess and touch sensitive  |
| Lower backChest Wall MusclesUpper and Inner Thigh(s)  | Buttocks (gluteal muscles)Breast (s)  |
| The RMT has explained the following to me and I fully understand the proposed as  | sessment and treatment including (please initial):  |
| The nature of the assessment, including the clinical reason(s) for assessment   | nt of the above area(s) and the draping methods to be used  |
| The expected benefits of the assessment   |   |
| The potential risks of the assessment   |   |
| The potential side effects of the assessment  |   |
| That consent is voluntary   |   |
| That I can withdraw or alter my consent at any time. I voluntarily give my ir outlined above.   | formed consent for the assessment as discussed and  |
| Patient Name (print):   |   |
|   |   |
| Patient Signature:  | Date:   |
| Patient Signature: RMT Signature:   | Date:   |
|   | Date:   |
| RMT Signature:  | Date:\$70.00  |
| RMT Signature:<br>Massage Therapy Cost/Session  |   |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min   | \$70.00   |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min  | \$70.00<br>\$85.00  |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min<br>60min   | \$70.00<br>\$85.00<br>\$105.00  |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min<br>60min<br>90min  | \$70.00<br>\$85.00<br>\$105.00<br>\$140.00  |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min<br>60min<br>90min<br>120min  | \$70.00<br>\$85.00<br>\$105.00<br>\$140.00<br>\$210.00  |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min<br>60min<br>90min<br>120min<br>Complex (60min)   | \$70.00<br>\$85.00<br>\$105.00<br>\$140.00<br>\$210.00<br>\$125.00                                    |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min<br>60min<br>90min<br>120min<br>120min<br>Complex (60min)<br>Acupuncture<br>Acupuncture Initial Assessment<br>Cancellation Policy   | \$70.00<br>\$85.00<br>\$105.00<br>\$140.00<br>\$210.00<br>\$125.00<br>\$80.00<br>\$110.00             |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min<br>60min<br>90min<br>120min<br>120min<br>Complex (60min)<br>Acupuncture<br>Acupuncture Initial Assessment  | \$70.00<br>\$85.00<br>\$105.00<br>\$140.00<br>\$210.00<br>\$125.00<br>\$80.00<br>\$110.00             |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min<br>60min<br>90min<br>120min<br>120min<br>Complex (60min)<br>Acupuncture<br>Acupuncture Initial Assessment<br>Cancellation Policy   | \$70.00<br>\$85.00<br>\$105.00<br>\$140.00<br>\$210.00<br>\$125.00<br>\$80.00<br>\$110.00<br>\$110.00 |
| RMT Signature:<br>Massage Therapy Cost/Session<br>30min<br>45min<br>60min<br>90min<br>120min<br>Complex (60min)<br>Acupuncture<br>Acupuncture Initial Assessment<br>Cancellation Policy<br>Your appointment time has been reserved especially for you. If you are unable to b   | \$70.00<br>\$85.00<br>\$105.00<br>\$140.00<br>\$210.00<br>\$125.00<br>\$80.00<br>\$110.00<br>\$110.00 |
| RMT Signature:         Massage Therapy Cost/Session         30min         45min         60min         90min         120min         Complex (60min)         Acupuncture         Acupuncture Initial Assessment         Cancellation Policy         Your appointment time has been reserved especially for you. If you are unable to be of notice so that another patient can use this time. If you do not provide sufficient | \$70.00<br>\$85.00<br>\$105.00<br>\$140.00<br>\$210.00<br>\$125.00<br>\$80.00<br>\$110.00<br>\$110.00 |

#### Consent for collection of personal information and privacy policy

I understand that in order to provide me with massage therapy services, Active Health Institute will collect some personal information about me. We are committed to collecting, using and disclosing your personal information responsibly. Disclosure:

- 1. The patient's doctor/health practitioner(s)
- 2. Other health practitioners of the Active Health Institute for the purpose of supporting patient health.

I have reviewed Active Health Institute's Privacy Policy regarding;

- The collection, use and disclosure of my personal information •
- The steps taken to protect my information
- ٠ My right to review my personal information

I understand how the Privacy Policy applies to me. I have been given a chance to ask questions I have regarding the Privacy Policy and they have been answered to my satisfaction.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_